

JANVIER 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 J	07:08	70	19:20	68	01:09	13:32
2 V	07:47	65	20:00	63	01:46	14:10
3 S	08:33	59	20:49	57	02:27	14:51
4 D	09:28	54	21:58	51	03:14	15:40
5 L	10:38	49	23:30	48	04:10	16:38
6 M	:: ::	::	12:02	48	05:14	17:45
7 M	00:51	49	13:19	53	06:25	18:57
8 J	01:56	57	14:26	63	07:36	20:05
9 V	02:53	69	15:25	76	08:41	21:06
10 S	03:45	82	16:18	88	09:41	22:01
11 D	04:35	93	17:07	97	10:35	22:53
12 L	05:22	100	17:53	102	11:26	23:42
13 M	06:07	103	18:35	102	:: ::	12:14
14 M	06:49	100	19:15	97	00:29	13:01
15 J	07:29	92	19:52	87	01:16	13:46
16 V	08:06	80	20:27	73	02:02	14:32
17 S	08:42	67	21:06	59	02:49	15:20
18 D	09:24	52	22:11	46	03:40	16:12
19 L	10:39	41	:: ::	::	04:37	17:12
20 M	00:06	36	12:47	34	05:42	18:23
21 M	01:22	34	14:01	36	06:56	19:37
22 J	02:17	39	14:53	44	08:05	20:36
23 V	03:00	49	15:33	53	09:00	21:22
24 S	03:37	58	16:06	63	09:43	22:00
25 D	04:11	67	16:36	71	10:20	22:35
26 L	04:42	75	17:04	78	10:55	23:08
27 M	05:12	80	17:30	83	11:28	23:40
28 M	05:41	84	17:56	85	:: ::	12:01
29 J	06:12	85	18:25	85	00:13	12:33
30 V	06:44	83	18:55	82	00:46	13:06
31 S	07:20	79	19:29	76	01:20	13:40

FEVRIER 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 D	07:59	72	20:08	68	01:57	14:18
2 L	08:45	63	21:00	58	02:40	15:02
3 M	09:52	53	22:37	48	03:31	15:56
4 M	11:34	45	:: ::	::	04:36	17:07
5 J	00:28	43	13:08	45	05:57	18:33
6 V	01:46	49	14:23	56	07:23	19:54
7 S	02:48	63	15:22	72	08:36	20:59
8 D	03:40	80	16:11	88	09:34	21:53
9 L	04:25	94	16:54	100	10:25	22:41
10 M	05:07	104	17:32	107	11:12	23:27
11 M	05:45	108	18:07	108	11:56	:: ::
12 J	06:21	106	17:40	102	00:10	12:38
13 V	06:53	98	19:09	92	00:52	13:18
14 S	07:22	85	19:36	78	01:33	13:58
15 D	07:51	70	20:07	62	02:15	14:39
16 L	08:24	54	20:50	46	02:59	15:24
17 M	09:13	39	22:20	32	03:50	16:18
18 M	11:42	27	:: ::	::	04:52	17:31
19 J	00:41	26	13:33	27	06:14	19:01
20 V	01:51	31	14:33	37	07:38	20:12
21 S	02:39	43	15:13	49	08:37	20:59
22 D	03:17	56	15:45	62	09:19	21:37
23 L	03:49	68	16:13	74	09:55	22:11
24 M	04:19	79	16:39	83	10:29	22:44
25 M	04:48	87	17:05	90	11:01	23:16
26 J	05:17	93	17:32	94	11:33	23:48
27 V	05:48	95	18:01	95	:: ::	12:05
28 S	06:20	93	18:32	91	00:21	12:38

MARS 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 D	06:55	88	19:06	84	00:55	13:13
2 L	07:34	79	19:43	74	01:33	13:51
3 M	08:20	67	20:33	60	02:16	14:36
4 M	09:34	53	22:17	47	03:09	15:33
5 J	11:32	42	:: ::	::	04:17	16:48
6 V	00:18	40	13:07	42	05:47	18:23
7 S	01:38	47	14:17	55	07:20	19:48
8 D	02:38	64	15:11	73	08:29	20:49
9 L	03:27	81	15:55	89	09:23	21:39
10 M	04:08	95	16:32	100	10:09	22:25
11 M	04:45	104	17:05	106	10:52	23:07
12 J	05:18	107	17:35	106	11:32	23:47
13 V	05:49	104	18:05	101	:: ::	12:11
14 S	06:19	96	18:33	90	00:26	12:48
15 D	06:47	84	19:02	77	01:04	13:24
16 L	07:16	70	19:34	62	01:42	14:01
17 M	07:49	55	20:14	47	02:22	14:42
18 M	08:33	40	21:24	33	03:08	15:32
19 J	10:24	27	23:46	24	04:06	16:41
20 V	:: ::	::	12:51	24	05:26	18:13
21 S	01:09	28	13:55	33	06:55	19:32
22 D	02:03	40	14:38	47	07:59	20:23
23 L	02:44	54	15:11	61	08:43	21:03
24 M	03:17	68	15:40	74	09:21	21:39
25 M	03:48	80	16:07	85	09:55	22:13
26 J	04:19	90	16:36	93	10:29	22:47
27 V	04:51	96	17:06	98	11:02	23:21
28 S	05:24	99	17:39	99	11:36	23:57
29 D	07:00	98	19:13	95	:: ::	13:12
30 L	07:38	91	19:51	87	01:35	13:51
31 M	08:21	81	20:35	75	02:17	14:34

AVRIL 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	09:16	67	21:36	60	03:04	15:23
2 J	10:45	53	23:25	47	04:01	16:25
3 V	:: ::	::	12:36	43	05:14	17:45
4 S	01:08	43	13:59	46	06:44	19:15
5 D	02:23	51	15:02	59	08:09	20:31
6 L	03:22	66	15:51	73	09:12	21:30
7 M	04:08	80	16:30	86	10:02	22:19
8 M	04:46	91	17:04	95	10:46	23:03
9 J	05:19	97	17:35	98	11:27	23:44
10 V	05:50	99	18:05	98	:: ::	12:06
11 S	06:21	96	18:35	93	00:23	12:43
12 D	06:51	89	19:06	84	01:01	13:18
13 L	07:21	79	19:38	74	01:37	13:53
14 M	07:52	68	20:13	62	02:13	14:29
15 M	08:27	55	20:56	49	02:52	15:09
16 J	09:13	43	21:59	37	03:35	15:57
17 V	10:37	33	23:39	30	04:29	16:59
18 S	:: ::	::	12:49	29	05:38	18:18
19 D	01:09	30	14:00	34	06:58	19:34
20 L	02:11	39	14:49	45	08:05	20:33
21 M	02:59	52	15:27	58	08:56	21:19
22 M	03:38	65	16:01	71	09:38	21:59
23 J	04:14	77	16:33	82	10:16	22:38
24 V	04:49	87	17:07	92	10:53	23:16
25 S	05:26	95	17:43	97	11:31	23:56
26 D	06:05	98	18:21	98	:: ::	12:10
27 L	06:46	97	19:02	95	00:37	12:52
28 M	07:31	91	19:48	87	01:20	13:36
29 M	08:22	81	20:42	76	02:07	14:25
30 J	09:27	69	21:51	63	02:59	15:20

MAI 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 V	10:56	58	23:22	54	04:00	16:24
2 S	:: ::	::	12:26	51	05:10	17:38
3 D	00:49	51	13:38	53	06:28	18:55
4 L	02:00	56	14:37	60	07:42	20:04
5 M	02:58	64	15:24	69	08:43	21:03
6 M	03:45	73	16:03	77	09:35	21:54
7 J	04:23	80	16:36	83	10:20	22:40
8 V	04:56	84	17:07	85	11:02	23:22
9 S	05:27	85	17:40	85	11:40	:: ::
10 D	05:59	84	18:13	82	00:01	12:17
11 L	06:32	80	18:47	77	00:38	12:52
12 M	07:04	74	19:22	70	01:14	13:27
13 M	07:37	66	20:00	62	01:51	14:04
14 J	08:13	58	20:42	54	02:28	14:43
15 V	08:56	50	21:34	46	03:10	15:28
16 S	09:55	42	22:39	40	03:57	16:22
17 D	11:21	38	23:54	37	04:53	17:25
18 L	:: ::	::	12:47	38	05:57	18:32
19 M	01:05	41	13:49	44	07:01	19:34
20 M	02:03	49	14:38	54	07:59	20:27
21 J	02:53	59	15:20	65	08:49	21:16
22 V	03:39	71	16:01	76	09:35	22:02
23 S	04:23	81	16:43	86	10:19	22:48
24 D	05:07	90	17:25	92	11:04	23:34
25 L	05:53	95	18:11	95	11:50	:: ::
26 M	06:41	95	18:59	94	00:22	12:37
27 M	07:31	92	19:51	89	01:11	13:27
28 J	08:26	86	20:47	82	02:02	14:19
29 V	09:28	77	21:49	73	02:55	15:14
30 S	10:39	68	23:00	64	03:52	16:14
31 D	11:55	61	:: ::	::	04:54	17:18

JUIN 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 L	00:15	58	13:05	57	05:59	18:24
2 M	01:26	56	14:05	57	07:05	19:30
3 M	02:28	58	14:55	59	08:08	20:32
4 J	03:20	61	15:37	64	09:04	21:28
5 V	04:02	66	16:13	68	09:54	22:17
6 S	04:38	70	16:48	71	10:38	23:02
7 D	05:13	72	17:23	73	11:19	23:42
8 L	05:47	74	17:59	74	11:56	:: ::
9 M	06:20	73	18:34	73	00:20	12:32
10 M	06:52	72	19:09	70	00:56	13:07
11 J	07:24	69	19:44	67	01:31	13:43
12 V	07:56	65	20:22	62	02:07	14:20
13 S	08:32	60	21:03	57	02:45	15:00
14 D	09:15	54	21:51	52	03:25	15:44
15 L	10:08	49	22:48	47	04:10	16:35
16 M	11:18	46	23:54	45	05:00	17:32
17 M	:: ::	::	12:38	46	05:58	18:33
18 J	01:04	47	13:47	50	06:59	19:35
19 V	02:09	54	14:45	58	08:00	20:35
20 S	03:09	63	15:37	68	08:58	21:31
21 D	04:04	74	16:26	79	09:52	22:26
22 L	04:56	84	17:15	88	10:44	23:19
23 M	05:47	92	18:05	95	11:36	:: ::
24 M	06:37	97	18:55	98	00:11	12:27
25 J	07:27	98	19:45	97	01:02	13:17
26 V	08:16	95	20:34	92	01:52	14:08
27 S	09:06	88	21:25	83	02:42	15:00
28 D	09:58	78	22:18	72	03:33	15:53
29 L	10:59	67	23:21	62	04:26	16:49
30 M	:: ::	::	12:12	57	05:23	17:49

JUILLET 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	00:38	53	13:24	49	06:24	18:53
2 J	01:53	48	14:26	47	07:29	20:00
3 V	02:57	48	15:17	50	08:34	21:04
4 S	03:48	52	15:59	55	09:31	21:59
5 D	04:28	58	16:36	62	10:20	22:46
6 L	05:04	64	17:12	67	11:01	23:26
7 M	05:37	69	17:46	71	11:39	:: ::
8 M	06:08	73	18:19	74	00:03	12:14
9 J	06:37	75	18:50	75	00:37	12:47
10 V	07:04	75	19:21	75	01:10	13:21
11 S	07:33	74	19:54	72	01:44	13:55
12 D	08:03	71	20:30	68	02:17	14:30
13 L	08:38	66	21:10	63	02:52	15:08
14 M	09:19	60	21:58	57	03:30	15:50
15 M	10:12	53	22:57	50	04:13	16:41
16 J	11:30	48	:: ::	::	05:04	17:40
17 V	00:15	47	13:05	46	06:06	18:50
18 S	01:38	48	14:20	51	07:17	20:03
19 D	02:51	55	15:22	61	08:30	21:11
20 L	03:54	68	16:17	74	09:34	22:12
21 M	04:50	81	17:08	88	10:32	23:08
22 M	05:40	94	17:55	98	11:25	23:59
23 J	06:26	102	18:41	105	:: ::	12:14
24 V	07:10	106	19:26	105	00:48	13:03
25 S	07:51	103	20:08	100	01:35	13:50
26 D	08:30	95	20:48	90	02:21	14:37
27 L	09:07	83	21:27	76	03:07	15:25
28 M	09:45	68	22:08	61	03:54	16:15
29 M	10:36	53	23:11	47	04:44	17:11
30 J	:: ::	::	12:26	41	05:42	18:16
31 V	01:15	38	13:58	36	06:49	19:29

AOUT 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 S	02:38	36	14:59	39	08:05	20:43
2 D	03:35	43	15:45	48	09:11	21:43
3 L	04:17	52	16:23	57	10:03	22:28
4 M	04:50	62	16:56	66	10:43	23:07
5 M	05:20	70	17:27	73	11:19	23:41
6 J	05:47	76	17:56	79	11:52	:: ::
7 V	06:13	81	18:25	82	00:13	12:24
8 S	06:38	83	18:54	84	00:45	12:56
9 D	07:05	83	19:25	82	01:16	13:27
10 L	07:33	80	19:58	78	01:47	14:00
11 M	08:05	75	20:35	71	02:19	14:35
12 M	08:41	68	21:18	63	02:55	15:14
13 J	09:27	58	22:17	53	03:35	16:02
14 V	10:43	49	23:48	44	04:24	17:02
15 S	:: ::	::	12:41	42	05:28	18:19
16 D	01:27	42	14:08	45	06:50	19:47
17 L	02:45	51	15:13	58	08:15	21:03
18 M	03:47	66	16:08	75	09:24	22:04
19 M	04:39	83	16:56	91	10:21	22:56
20 J	05:24	98	17:39	103	11:11	23:43
21 V	06:05	108	18:20	110	11:58	:: ::
22 S	06:43	111	18:58	110	00:29	12:43
23 D	07:18	107	19:35	103	01:12	13:27
24 L	07:51	97	20:08	91	01:54	14:10
25 M	08:21	83	20:40	75	02:36	14:54
26 M	08:52	67	21:13	58	03:19	15:40
27 J	09:34	50	22:03	42	04:05	16:33
28 V	10:57	35	:: ::	::	05:00	17:37
29 S	00:37	30	13:25	28	06:09	18:57
30 D	02:15	29	14:35	33	07:35	20:21
31 L	03:13	38	15:23	44	08:49	21:21

SEPTEMBRE 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	03:54	50	16:00	56	09:39	22:04
2 M	04:25	62	16:31	67	10:18	22:39
3 J	04:53	72	17:01	77	10:53	23:12
4 V	05:18	80	17:29	84	11:25	23:44
5 S	05:44	86	17:57	88	11:57	:: ::
6 D	06:09	90	18:26	90	00:15	12:28
7 L	06:37	90	18:57	89	00:46	13:00
8 M	07:06	87	19:30	84	01:17	13:33
9 M	07:38	81	20:07	76	01:50	14:09
10 J	08:14	71	20:51	65	02:26	14:49
11 V	09:01	60	21:58	53	03:08	15:38
12 S	10:28	47	23:49	42	04:00	16:41
13 D	:: ::	::	12:34	40	05:10	18:07
14 L	01:26	40	13:58	45	06:39	19:42
15 M	02:38	52	15:02	60	08:07	20:55
16 M	03:35	69	15:54	78	09:13	21:51
17 J	04:21	86	16:38	93	10:06	22:38
18 V	05:02	100	17:18	104	10:53	23:23
19 S	05:38	107	17:55	109	11:38	:: ::
20 D	06:12	109	18:30	107	00:05	12:21
21 L	06:45	104	19:02	99	00:46	13:03
22 M	07:16	93	19:33	87	01:26	13:43
23 M	07:46	80	20:03	72	02:05	14:24
24 J	08:19	64	20:37	56	02:45	15:08
25 V	09:01	48	21:25	41	03:29	15:56
26 S	10:15	34	23:51	29	04:21	16:57
27 D	:: ::	::	12:37	26	05:29	18:17
28 L	01:38	26	13:54	30	06:55	19:43
29 M	02:37	35	14:47	41	08:11	20:45
30 M	03:19	47	15:27	54	09:04	21:28

OCTOBRE 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 J	03:51	60	16:00	66	09:44	22:05
2 V	04:20	72	16:30	77	10:20	22:38
3 S	04:46	81	16:59	85	10:54	23:11
4 D	05:14	88	17:29	91	11:27	23:43
5 L	05:42	92	18:01	93	:: ::	12:01
6 M	06:13	93	18:34	92	00:16	12:35
7 M	06:46	90	19:11	87	00:50	13:12
8 J	07:22	83	19:51	78	01:27	13:51
9 V	08:04	73	20:44	66	02:08	14:36
10 S	09:01	60	22:06	54	02:54	15:29
11 D	10:37	48	23:55	44	03:52	16:37
12 L	:: ::	::	12:25	43	05:05	18:04
13 M	01:19	45	13:44	49	06:32	19:31
14 M	02:24	56	14:46	63	07:51	20:38
15 J	03:16	71	15:36	78	08:53	21:30
16 V	04:00	85	16:19	90	09:46	22:17
17 S	04:37	94	16:57	98	10:33	23:00
18 D	05:12	100	17:31	100	11:18	23:42
19 L	05:44	100	18:04	98	:: ::	12:00
20 M	06:17	95	18:37	91	00:21	12:40
21 M	06:49	86	19:08	81	01:00	13:20
22 J	07:23	75	19:40	69	01:37	13:59
23 V	07:59	63	20:16	56	02:16	14:40
24 S	08:43	50	21:04	44	02:58	15:25
25 D	08:47	38	21:40	33	02:47	15:19
26 L	10:28	30	23:42	29	03:48	16:27
27 M	11:56	30	:: ::	::	05:01	17:44
28 M	00:47	33	12:56	38	06:15	18:51
29 J	01:34	43	13:43	49	07:14	19:42
30 V	02:11	55	14:22	61	08:01	20:23
31 S	02:44	66	14:57	72	08:41	21:01

NOVEMBRE 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 D	03:15	77	15:31	81	09:20	21:37
2 L	03:47	85	16:06	88	09:57	22:13
3 M	04:20	91	16:42	92	10:35	22:50
4 M	04:56	93	17:21	92	11:15	23:30
5 J	05:35	91	18:04	88	11:57	:: ::
6 V	06:18	85	18:52	81	00:12	12:42
7 S	07:09	76	19:52	71	00:58	13:31
8 D	08:12	65	21:13	60	01:50	14:27
9 L	09:36	56	22:44	53	02:49	15:33
10 M	11:06	52	23:59	52	03:59	16:49
11 M	:: ::	::	12:21	54	05:13	18:04
12 J	01:02	58	13:24	62	06:25	19:10
13 V	01:54	67	14:17	71	07:28	20:05
14 S	02:38	76	15:01	79	08:23	20:54
15 D	03:16	82	15:39	85	09:13	21:39
16 L	03:50	86	16:14	87	09:59	22:20
17 M	04:24	87	16:48	86	10:42	23:00
18 M	04:59	85	17:21	82	11:22	23:38
19 J	05:34	80	17:54	77	:: ::	12:01
20 V	06:09	73	18:28	69	00:15	12:39
21 S	06:47	65	19:03	60	00:53	13:18
22 D	07:28	56	19:44	52	01:33	13:59
23 L	08:16	47	20:38	43	02:16	14:44
24 M	09:17	40	22:02	37	03:06	15:36
25 M	10:33	36	23:34	36	04:04	16:37
26 J	11:47	37	:: ::	::	05:09	17:42
27 V	00:37	39	12:48	43	06:12	18:42
28 S	01:26	47	13:38	52	07:08	19:34
29 D	02:07	58	14:23	63	07:59	20:21
30 L	02:46	68	15:06	74	08:45	21:04

DECEMBRE 2009						
Date	Pleines Mers				Basses Mers	
	Matin h mn	Coef	Soir h mn	Coef	Matin h mn	Soir h mn
1 M	03:25	78	15:49	83	09:30	21:47
2 M	04:05	87	16:32	90	10:15	22:31
3 J	04:48	92	17:18	93	11:00	23:16
4 V	05:33	93	18:05	92	11:47	:: ::
5 S	06:21	91	18:56	88	00:03	12:36
6 D	07:13	85	19:52	82	00:52	13:27
7 L	08:10	77	20:56	73	01:44	14:20
8 M	09:15	69	22:11	64	02:40	15:18
9 M	10:31	61	23:26	58	03:40	16:21
10 J	11:48	56	:: ::	::	04:45	17:28
11 V	00:32	55	12:58	56	05:52	18:35
12 S	01:31	57	13:59	59	06:58	19:37
13 D	02:20	62	14:49	64	08:00	20:32
14 L	03:02	67	15:31	70	08:56	21:21
15 M	03:39	72	16:07	74	09:44	22:05
16 M	04:14	75	16:40	76	10:28	22:45
17 J	04:49	77	17:13	77	11:08	23:22
18 V	05:24	77	17:45	76	11:46	23:58
19 S	05:58	75	18:16	73	:: ::	12:21
20 D	06:32	71	18:46	69	00:33	12:56
21 L	07:06	66	19:17	63	01:09	13:32
22 M	07:43	60	19:53	57	01:46	14:09
23 M	08:25	53	20:38	50	02:26	14:50
24 J	09:15	47	21:40	44	03:12	15:37
25 V	10:20	42	23:11	41	04:05	16:31
26 S	11:38	40	:: ::	::	05:05	17:34
27 D	00:32	42	12:51	44	06:10	18:39
28 L	01:32	48	13:53	53	07:14	19:41
29 M	02:23	59	14:48	65	08:13	20:36
30 M	03:11	71	15:39	77	09:07	21:28
31 J	03:57	83	16:27	88	09:59	22:17